



# Amani Center

Columbia County Child Abuse Assessment & Treatment Program

*Giving child victims in Columbia County a voice and helping them to*



Spring 2007

*The test of the morality of a society is what it does for its children. -Dietrich*

### Ten Ways to Help Prevent Child Abuse

❖ **Be a nurturing parent.**

*Children need to know that they are special, loved and capable of following their dreams.*

❖ **Help a friend, neighbor or relative.**

*Being a parent isn't easy. Offer a helping hand to take care of the children, so the parent(s) can rest or spend time together.*

❖ **Help yourself.**

*When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control – take time out. Don't take it out on your child.*

❖ **If your baby cries...**

*It can be frustrating to hear your baby cry. Learn what to do if your baby won't stop crying. Never shake a baby – shaking a child may result in severe injury or death.*

❖ **Get involved.**

*Ask your community leaders, clergy, library and schools to develop services to meet the needs of healthy children and families.*

❖ **Help to develop parenting resources at your local library.**

❖ **Promote programs in school.**

*Teaching children, parents and educators prevention strategies can help to keep children safe.*

❖ **Monitor your child's television and video viewing.**

*Watching violent films and TV programs can harm young children.*

❖ **Volunteer at your local child abuse prevention program, the Amani Center.**

*For information about volunteer opportunities, call 503-366-4005*

❖ **Report suspected abuse or neglect.**

*If you have reason to believe a child has been or may be harmed, call your local Department of Human Services – Child Welfare, 503-397-3292, or your local police department.*



### OPEN HOUSE


**Amani Center is hosting an event to celebrate the grand opening of our new medical facility.**

This newest phase of our growth is our "baby," so in that light, we are inviting you to please join us, April 27, 2007, from 4:00 – 8:00 p.m., and April 28, 2007, from 10:00 a.m. – 4:00 p.m., for an Open House and "Baby" Shower.

Amani Center is registered in the baby gift registry at Target.com with a due date of April 27<sup>th</sup>, and at Potterybarnkids.com due April 28<sup>th</sup>. In addition to the items in the registries, some of our other needs are:

- 100% Juice Boxes
- Nutrigrain Bars (brand specific)
- High Quality VHS Video Tapes
- New Stuffed Animals and Toys
- New Games (for all age groups/development levels)
- New Puzzles (for all age groups/development levels)
- 24 exposure 35mm film
- DVD+R or DVD+RW
- Books (for all ages)
- Subscription to Nickelodeon Magazine, Highlights, Ranger Rick, Family Fun, Parenting Magazines, People, Seventeen, American Girl, National Geographic Kids, etc.
- 2 Dark or Medium Color Bamboo shades, 45 1/4" x 76"
- Shark Transformer Vacuum & Shark Cordless Hand Vacuum
- Office Supplies:
  - Paper (white and color), Pens, Sticky Notes, etc
  - Brother Toner TN-570
  - HP ink # 22, 21, 15, 78, 23, 45
  - Postage Stamps
- Gift Cards for:
 

|                |                |
|----------------|----------------|
| ○ Ace Hardware | ○ Safeway      |
| ○ Target       | ○ Wal-Mart     |
| ○ Home Depot   | ○ Fred Meyer   |
| ○ Lowe's       | ○ Office Depot |

Pottery Barn Kids:   
Target Registry #: 011003993908616

### From the Director...

Welcome to spring! It is nice to see less rain, and longer days with more sun! April is Child Abuse Prevention Month. Like coming out of a storm, children can heal from abuse and enjoy sunny days again!

Children cannot heal from abuse unless we as a society acknowledge that abuse occurs, report it, provide treatment for the victim, and support the non-offending caregiver(s).

One child is reportedly abused or neglected every 36 seconds.<sup>1</sup> Only one out of three people report child abuse.<sup>2</sup> Get involved! Be part of the solution! Every April, our nation unites to raise awareness and educate the public about child abuse prevention. Please, wear a blue ribbon this month and follow our "Ten Ways to Help Prevent Child Abuse."

Children are powerful people who are often not heard.

By giving children a voice we will

empower and heal our children and society.

We must listen to our children...before it's too late.

Thank you for being a part of the solution,  
Lisa Galovich  
Executive Director

<sup>1</sup>Children's Bureau, "Child Maltreatment, 2004," (Washington, DC: U.S. Department of Health and Human Services, 2005), <sup>2</sup>US Department of Justice.

*Your time is valuable to us.  
Please call 503-366-4005 to find out how a few hours of your  
time  
could make a world of difference to children and families.*

## Amani Center

A 501 (c)(3) nonprofit agency

Office: 36200 Pittsburg Road  
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St. Helens, OR 97501

Mailing: P.O. Box 1001  
St. Helens, OR 97051

Office: (503) 366-4005

Fax: (503) 366-0314

Email: amanicenter@comcast.net

### EMPLOYEES

**Lisa Galovich**

Executive Director

**Lena Kakehi**

Therapist & Family Support  
Services Specialist

**Sarah Lindquist**

Child Forensic Interviewer  
& Family Support Services  
Specialist

**Marie Scott Brown**

Head Medical Examiner

**Deborah Munson**

Medical Examiner

### VOLUNTEERS

**Virginia & Bill Wagenblast**

**Ron & Sandy McMillan**

**Elizabeth Robideau**

### BOARD OF DIRECTORS

**Terry Moss**

**Dawn Hunt**

**Kerry Marshall**

**Gina Meza**

**Adam Sommers**

**Cassy Miller**

I feel the capacity to care  
is the thing which gives life  
its deepest significance.

~Pablo Casals

## Save the Date!



is the proud sponsor of this year's

**5<sup>th</sup> Annual Luau fundraiser. The Luau will be held September 8<sup>th</sup>, 2007, from 5:00 – 9:00 p.m. at the Columbia County Fairgrounds.**

We will again feature the *Kaleo & Co Polynesian Revue*, a live Hawaiian music and dance company, plus a Hawaiian dinner, dessert auction, silent auction, and service auction.

If you would like to purchase a table for the event, or make a donation to support the Amani Center, please call Lisa Galovich at (503) 366-4005.

Special thanks to our  
fundraising committee  
members!



- **Lori Cardiff**
- **Debra Velure**
- **Gainor Riker**
- **Pattie King**
- **Sam Fisk**
- **Pam Fisk**
- **Teresa**

### Amani Center Luau Sponsorship Packages

- **Presenting Sponsor:** Includes 2 tables for 10 at stage level, full coverage advertising as the presenter of the 2007 Luau, plus extras for your special guests.
- **Corporate Sponsor:** Includes 1 table for 10 near the stage, promotional advertising package, plus extras for your special guests.
- **Friends of Amani Center Gold Sponsorship:** Includes 1 table for 10 in the front section at the event, special mention, plus extras for your special guests.
- **Friends of Amani Center Silver Sponsorship:** Includes 1 table for 8 in the front section at the event, special mention, plus extras for your special guests.

All sponsor level supporters of Amani Center will be added to plaque at Amani Center recognizing significant donations. Presenting Sponsor and Corporate Sponsors will also receive a plaque to display in their home or business.

For more details about advertising, extras, and sponsorship packages please call Lisa Galovich at 503-366-4005.

Other shower gift suggestions:

Pottery Barn Teens @ pbteen.com item numbers:

- 86-8096943
- 86-8685877 white or green
- 86-8475709 blue
- 86-8479545 total of 3
- 86-8286387 blue/green personalize w/ "A"
  - 86-8286387 pillow inserts 16" square
- 86-8496358 blue/pink/green-no personalization
  - 86-8496358 pillow inserts 16" square
- 87-4549887 green

Magazines are a wonderful gift for the Center. For ideas, go to Magazines.com, and browse "Children's" magazines for a list of available gift subscriptions.

Feel free to call Amani Center at 503-366-4005 if you have any questions.

## Volunteer Opportunities

*We need YOUR help!*

Call Lisa @ (503) 366-4005

Family Support Services Specialist

Donation Program Support

Newsletter Writing

Statistics Tracking

Medical Billing

Grant Writing

Invoicing

Intake Specialist

Janitorial Services

Office Assistance-Clerical Support

Fundraising: Support with Small Events

Fundraising: Support with Large Auctions

The Amani Center  
36200 Pittsburg Road  
Suite D  
St. Helens, Oregon 97051



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